

TERM 4 TIMETABLE

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
BUMBLEBEES						9:00 - 9:30am
WASPS	White & Coloured Belts	4:00 - 4:40pm	4:00 - 4:40pm	4:00 - 4:40pm		9:30 - 10:10am
HORNETS	White & Yellow I Belts		5:30 - 6:20pm		4:40 - 5:30pm	9:20 - 10:10am
	Yellow II, III, Blue & Red Belts	4:40 - 5:30pm	4:40 - 5:30pm	4:40 - 5:30pm	4:00 - 4:50pm	11:00 - 11:50am
	Cho Dan Bo	6:20 - 7:10pm		5:30 - 6:45pm		10:10 - 11:00am
	Black Belts	5:30 - 6:20pm			5:30 - 6:20pm	10:10 - 11:00am
TEENS	White & Coloured Belts		5:30 - 6.20pm		4:40 - 5.30pm	
	Cho Dan Bo	6:20 - 7:10pm		5:30 - 6:45pm		10:10 - 11:00am
	Black Belts	5:30 - 6:20pm			5:30 - 6:20pm	10:10 - 11:00am
ADULTS	White, Coloured & Black Belts	7:00 - 8:00pm		7:00 - 8:00pm		
ATHLETE PROGRAM	Poomsae	6:00 - 7:00pm		6:00 - 7:00pm		
	Sparring		6:20 - 7:20pm			11:50 - 12:50pm
LEADERSHIP	Monthly Training	6:20 - 7:10pm				

Bumblebees 4+ Wasp 5+
Professional Taekwondo

Hornets 7+1 Moore Street Moonee Ponds

Teens 12+

Adults 16+

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